

MAKRO BESTMED CYCLE TOUR - FINAL RESULTS

Distance: 90km

Date: Saturday 12 September 2015

Discipline: Road Race



No	Full Name	Gender	Age Cat	Group	Distance	Actual Time	Ave. Speed	Position	Grp Pos	Age Pos
94	Martin WESEMANN	Male	Licensed Men (30+)	A	90	02:16:03.00	39.69	1	1	1
93	David GARRETT	Male	Licensed Men (Elite)	A	90	02:16:17.00	39.62	2	2	1
91	Chris CRONJE	Male	Licensed Men (Elite)	A	90	02:16:38.03	39.52	3	3	2
7	Conrad VILJOEN	Male	Licensed Men (30+)	A	90	02:16:38.09	39.52	4	4	2
95	Jacques VAN STADEN	Male	Licensed Men (30+)	A	90	02:18:50.00	38.90	5	5	3
77	Bradley GOUVERIS	Male	Junior Men	A	90	02:19:25.03	38.73	6	6	1
34	Louis VISSER	Male	Junior Men	A	90	02:19:25.06	38.73	7	7	2
28	Adriaan DE SWARDT	Male	Junior Men	A	90	02:19:31.00	38.71	8	8	3
90	Evan CARSTENS	Male	Licensed Men (Elite)	A	90	02:20:38.03	38.40	9	9	3
82	Kellan GOUVERIS	Male	Licensed Men (U23)	A	90	02:20:38.06	38.40	10	10	1
16	Jarred SALZWEDEL	Male	Licensed Men (Elite)	A	90	02:21:39.00	38.12	11	11	4
305	Samuel DE SWARDT	Male	Licensed Men (40+)	C	90	02:21:46.00	38.09	12	1	1
81	Christiaan VAN AARD	Male	Licensed Men (U23)	A	90	02:25:04.03	37.22	13	12	2
79	Kyle BRADFORD	Male	Licensed Men (U23)	A	90	02:25:04.15	37.22	14	13	3
84	Siphosethu MATA	Male	Licensed Men (U23)	A	90	02:25:04.18	37.22	15	14	4
85	Brenton NOAKES	Male	Licensed Men (30+)	A	90	02:25:04.21	37.22	16	15	4
31	Alex ODENDAAL	Male	Junior Men	A	90	02:25:04.24	37.22	17	16	4
88	Corne BENCE	Male	Junior Men	A	90	02:25:04.27	37.22	18	17	5
48	Kevin DORFLING	Male	Licensed Men (30+)	A	90	02:25:04.30	37.22	19	18	5
14	Jason MEATON	Male	Licensed Men (Elite)	A	90	02:25:04.36	37.22	20	19	5
45	Renaldo BOSCH	Male	Licensed Men (30+)	A	90	02:25:04.39	37.22	21	20	6
1	Anriette SCHOEMAN	Female	Licensed Ladies (Elite)	A	90	02:25:04.42	37.22	22	21	1
96	Marchal HENDRICKS	Male	Licensed Men (U23)	A	90	02:25:04.45	37.22	23	22	5
26	Johnathen BROWN	Male	Junior Men	A	90	02:25:04.48	37.22	24	23	6
6	Warren BROADHURST	Male	Licensed Men (Elite)	A	90	02:25:04.51	37.22	25	24	6
58	Thembile NXELE	Male	Licensed Men (30+)	A	90	02:25:04.54	37.22	26	25	7
9	Paddy FISHER	Male	Licensed Men (Elite)	A	90	02:25:04.57	37.22	27	26	7
92	Bronwin ADAMS	Male	Licensed Men (Elite)	A	90	02:25:04.59	37.22	28	27	8
201	Jarrad CLARK	Male	Boys U16	B	90	02:25:04.61	37.22	29	1	1
200	Divan BARNARD	Male	Boys U16	B	90	02:25:20.03	37.16	30	2	2
11	Ross HELLIWELL	Male	Licensed Men (Elite)	A	90	02:25:20.06	37.16	31	28	9
108	Roger PHEIFFER	Male	Licensed Men (30+)	A	90	02:25:20.09	37.16	32	29	8
27	Grant DALY	Male	Junior Men	A	90	02:25:20.12	37.16	33	30	7
18	Weslee TODKILL	Male	Licensed Men (Elite)	A	90	02:27:44.00	36.55	34	31	10
310	Awie JACOBS	Male	Licensed Men (40+)	C	90	02:28:33.03	36.35	35	2	2
315	David MCEWAN	Male	Licensed Men (40+)	C	90	02:28:33.06	36.35	36	3	3
52	Peter GATANGI	Male	Licensed Men (30+)	A	90	02:31:12.00	35.71	37	32	9
557	Paul MASON	Male	Open/Seeded	E	90	02:31:48.00	35.57	38	1	1
83	Allison HERTEL	Female	Licensed Ladies (40+)	A	90	02:32:08.03	35.50	39	33	1
63	Steven VENTER	Male	Licensed Men (30+)	A	90	02:32:08.06	35.49	40	34	10
86	Luthando DIDIZA	Male	Licensed Men (U23)	A	90	02:32:33.00	35.40	41	35	6
538	Ct JACOBS	Male	Open/Seeded	E	90	02:32:38.03	35.38	42	2	2
515	Byron BRONKHORST	Male	Open/Seeded	E	90	02:32:43.06	35.36	43	3	3
374	Terry SYPHUS	Male	Licensed Men (40+)	C	90	02:33:08.03	35.26	44	4	4
343	Greg GOUVERIS	Male	Licensed Men (50+)	C	90	02:33:08.06	35.26	45	5	1
319	Gerhard ODENDAAL	Male	Licensed Men (40+)	C	90	02:33:08.09	35.26	46	6	5
361	Craig TOWNSEND	Male	Licensed Men (50+)	C	90	02:33:08.12	35.26	47	7	2
350	Ian MOORE	Male	Licensed Men (50+)	C	90	02:33:08.18	35.26	48	8	3
383	Franco MISTRORIGO	Male	Licensed Men (60+)	C	90	02:33:08.21	35.26	49	9	1
98	Dominic BONNESSE	Male	Licensed Men (50+)	C	90	02:33:08.24	35.26	50	10	4
352	Gary POISAT	Male	Licensed Men (50+)	C	90	02:33:08.30	35.26	51	11	5
337	Leon CLAASEN	Male	Licensed Men (50+)	C	90	02:33:08.33	35.26	52	12	6
322	Danie PIETERSE	Male	Licensed Men (40+)	C	90	02:33:08.42	35.26	53	13	6
323	Ken PRENTIS	Male	Licensed Men (40+)	C	90	02:33:08.45	35.26	54	14	7
344	David HAMER	Male	Licensed Men (50+)	C	90	02:33:20.06	35.22	55	15	7
393	Michael CHARLEWOOD	Male	Open/Seeded	C	90	02:33:20.09	35.22	56	16	4
307	Bruce GIE	Male	Licensed Men (40+)	C	90	02:33:20.12	35.22	57	17	8
390	Thamsanqa GOTYANA	Male	Licensed Men (40+)	C	90	02:33:20.15	35.22	58	18	9
503	Mark ALDERMAN	Male	Open/Seeded	E	90	02:33:46.03	35.12	59	4	5
587	Wayne BURTON	Male	Open/Seeded	E	90	02:33:46.06	35.12	60	5	6
309	Denzil HEWITT	Male	Licensed Men (40+)	C	90	02:34:09.03	35.03	61	19	10
356	Wayne SALZWEDEL	Male	Licensed Men (50+)	C	90	02:34:09.06	35.03	62	20	8
397	Matthew GIBBS	Male	Licensed Men (60+)	C	90	02:34:09.09	35.03	63	21	2
348	Cameron MIDDLETON	Male	Licensed Men (50+)	C	90	02:34:09.12	35.03	64	22	9
376	Hertel HERMAN	Male	Licensed Men (40+)	C	90	02:34:51.00	34.87	65	23	11
312	Albert JOUBERT	Male	Licensed Men (40+)	C	90	02:35:02.06	34.83	66	24	12
379	Ian WALLAND	Male	Licensed Men (60+)	C	90	02:35:07.00	34.81	67	25	3
564	Lauren MUNTON	Female	Open/Seeded	E	90	02:36:29.09	34.51	68	6	7
581	Arno & Lynette RUST	Male	Tandem	E	90	02:36:29.12	34.51	69	7	1
567	Jean Pierre NELSON	Male	Open/Seeded	E	90	02:36:29.15	34.51	70	8	8

No	Full Name	Gender	Age Cat	Group	Distance	Actual Time	Ave. Speed	Position	Grp Pos	Age Pos
327	Richard LAWRIE	Male	Licensed Men (40+)	C	90	02:36:45.00	34.45	71	26	13
544	Russell JULIE	Male	Open/Seeded	E	90	02:36:47.00	34.44	72	9	9
618	Jarryd TERBLANCHE	Male	Open/Seeded	F	90	02:39:45.00	33.80	73	1	10
657	Lynn MC GREGOR	Female	Open/Seeded	F	90	02:39:46.00	33.80	74	2	11
637	Craig WOOLARD	Male	Open/Seeded	F	90	02:39:48.03	33.79	75	3	12
338	Paul ELS	Male	Licensed Men (50+)	C	90	02:40:11.00	33.71	76	27	10
311	Louis JANSE VAN RENSBURG	Male	Licensed Men (40+)	C	90	02:40:26.03	33.66	77	28	14
354	Gavin ROGERS	Male	Licensed Men (50+)	C	90	02:40:26.06	33.66	78	29	11
507	Lee BADENHORST	Male	Open/Seeded	E	90	02:40:28.00	33.65	79	10	13
395	Gavin RIDGE	Male	Licensed Men (40+)	C	90	02:40:32.00	33.64	80	30	15
74	Lauren COLEMAN	Female	Licensed Ladies (30+)	A	90	02:41:28.00	33.44	81	36	1
329	Wayne VENTER	Male	Licensed Men (40+)	C	90	02:41:29.03	33.44	82	31	16
306	Iggie DU PREEZ	Male	Licensed Men (40+)	C	90	02:41:29.06	33.44	83	32	17
328	Graeme VAN ZYL	Male	Licensed Men (40+)	C	90	02:41:29.18	33.44	84	33	18
561	Joshua MCGRATH	Male	Open/Seeded	E	90	02:41:35.00	33.42	85	11	14
80	Marinus PRINSLOO	Male	Licensed Men (U23)	A	90	02:41:48.00	33.37	86	37	7
57	Frank MCLACHLAN	Male	Licensed Men (30+)	A	90	02:42:58.00	33.14	87	38	11
23	Anele MTALANE	Male	Licensed Men (U23)	A	90	02:43:08.15	33.10	88	39	8
53	Barend GELDENHUYS	Male	Licensed Men (30+)	A	90	02:43:08.27	33.10	89	40	12
51	Evert ERASMUS	Male	Licensed Men (30+)	A	90	02:43:08.36	33.10	90	41	13
25	Rernaldo BOOYSENS	Male	Junior Men	A	90	02:43:08.39	33.10	91	42	8
97	Madoda BAMBALAZA	Male	Licensed Men (30+)	A	90	02:43:20.03	33.06	92	43	14
10	Geoffrey GLANVILL	Male	Licensed Men (Elite)	A	90	02:43:20.18	33.06	93	44	11
204	Joshua MARTIN	Male	Boys U16	B	90	02:43:20.21	33.06	94	3	3
24	Christoffel SCHOEMAN	Male	Licensed Men (U23)	A	90	02:45:02.03	32.72	95	45	9
301	Rowan BODE	Male	Licensed Men (40+)	C	90	02:45:07.03	32.70	96	34	19
394	Adrian VAN BILJON	Male	Licensed Men (50+)	C	90	02:45:07.06	32.70	97	35	12
78	Anja GERBER	Female	Junior Ladies	A	90	02:45:08.00	32.70	98	46	1
590	Luke OOSTHUIZEN	Male	Open/Seeded	E	90	02:45:08.00	32.70	99	12	15
525	Peter Hugh ENSLIN	Male	Open/Seeded	E	90	02:45:41.00	32.59	100	13	16
56	Zirk KEMP	Male	Licensed Men (30+)	A	90	02:45:47.03	32.57	101	47	15
106	Paul MULLER	Male	Licensed Men (30+)	A	90	02:45:47.06	32.57	102	48	16
44	Luvuyo BANGAZI	Male	Licensed Men (30+)	A	90	02:45:57.03	32.54	103	49	17
67	Elize FENWICK	Female	Licensed Ladies (40+)	A	90	02:45:57.06	32.54	104	50	2
321	Gregory PARIS	Male	Licensed Men (40+)	C	90	02:46:20.00	32.46	105	36	20
342	Hermanj FOURIE	Male	Licensed Men (50+)	C	90	02:46:21.00	32.46	106	37	13
335	Brian BOOYSEN	Male	Licensed Men (50+)	C	90	02:46:28.00	32.44	107	38	14
619	Darryl Fredrick THERON	Male	Open/Seeded	F	90	02:47:21.00	32.27	108	4	17
203	Carlo JONCK	Male	Boys U16	B	90	02:47:38.06	32.21	109	4	4
40	Carmen SCHAEFER	Female	Licensed Ladies (30+)	A	90	02:47:43.03	32.20	110	51	2
99	Jabulani SIBOTO	Male	Licensed Men (30+)	A	90	02:48:12.00	32.10	111	52	18
502	Wade VIEIRA	Male	Open/Seeded	E	90	02:49:35.00	31.84	112	14	18
551	Wade LINDHORST	Male	Open/Seeded	E	90	02:49:36.00	31.84	113	15	19
386	Barry WOODS	Male	Licensed Men (40+)	C	90	02:49:48.09	31.80	114	39	21
3	Gemma POGODIN	Female	Licensed Ladies (Elite)	A	90	02:49:55.03	31.78	115	53	2
20	Darren EHLERS	Male	Licensed Men (U23)	A	90	02:49:55.06	31.78	116	54	10
364	Marcel VENTER	Male	Licensed Men (50+)	C	90	02:50:09.00	31.74	117	40	15
308	Clayton HAYWARD	Male	Licensed Men (40+)	C	90	02:50:20.00	31.70	118	41	22
632	Luke WATKINS	Male	Open/Seeded	F	90	02:50:27.00	31.68	119	5	20
32	Rubin SCHOEMAN	Male	Junior Men	A	90	02:51:52.00	31.42	120	55	9
559	David MC BETH	Male	Open/Seeded	E	90	02:52:22.00	31.33	121	16	21
570	David PITTAWAY	Male	Open/Seeded	E	90	02:52:28.00	31.31	122	17	22
576	Victor PRETORIUS	Male	Open/Seeded	F	90	02:52:46.24	31.26	123	6	23
580	John PARRY	Male	Open/Seeded	E	90	02:52:48.00	31.25	124	18	24
369	Robert ROOME	Male	Licensed Men (60+)	C	90	02:53:18.00	31.16	125	42	4
508	Joseph BAIN	Male	Open/Seeded	E	90	02:53:43.00	31.09	126	19	25
50	Enrico ELS	Male	Licensed Men (30+)	A	90	02:54:19.00	30.98	127	56	19
640	Alberto WILSKUT	Male	Open/Seeded	F	90	02:54:39.00	30.92	128	7	26
302	Nicholas CHAPMAN	Male	Licensed Men (40+)	C	90	02:55:41.00	30.74	129	43	23
60	Willem VAN DEN BERG	Male	Licensed Men (30+)	A	90	02:55:45.00	30.73	130	57	20
579	Colin ROBERSTON	Male	Open/Seeded	E	90	02:56:08.00	30.66	131	20	27
604	Heinrich SCHUTTE	Male	Open/Seeded	F	90	02:57:20.03	30.45	132	8	28
635	George WINSHIP	Male	Open/Seeded	F	90	02:57:20.06	30.45	133	9	29
603	Marolien SCHMIDT	Female	Open/Seeded	F	90	02:57:22.00	30.45	134	10	30
648	Corne BOSH	Male	Open/Seeded	F	90	02:57:23.00	30.44	135	11	31
396	Gary MOORCRAFT	Male	Licensed Men (50+)	C	90	02:57:30.00	30.42	136	44	16
584	Glenn BROADHURST	Male	Open/Seeded	E	90	02:57:41.03	30.39	137	21	32
571	Brad PITTS	Male	Open/Seeded	E	90	02:57:46.21	30.38	138	22	33
543	Graeme Douglas JONKER	Male	Open/Seeded	E	90	02:57:46.27	30.38	139	23	34
595	Annette LEMMER	Female	Open/Seeded	E	90	02:57:58.06	30.34	140	24	35
548	Pieter KLINKENBURG	Male	Open/Seeded	E	90	02:58:09.00	30.31	141	25	36
629	Johan VENTER	Male	Open/Seeded	F	90	02:58:15.09	30.29	142	12	37
353	Mike POULTER	Male	Licensed Men (50+)	C	90	02:58:24.00	30.27	143	45	17
360	Barry THERON	Male	Licensed Men (50+)	C	90	02:58:25.00	30.27	144	46	18
339	Sakkie ERASMUS	Male	Licensed Men (50+)	C	90	02:58:26.00	30.26	145	47	19

No	Full Name	Gender	Age Cat	Group	Distance	Actual Time	Ave. Speed	Position	Grp Pos	Age Pos
336	Darryl BUCHANAN	Male	Licensed Men (50+)	C	90	02:58:27.00	30.26	146	48	20
630	Wayne WALKER	Male	Open/Seeded	F	90	02:58:30.00	30.25	147	13	38
659	Anthony Buhagiar BUHAGIAR	Male	Open/Seeded	F	90	02:58:52.00	30.19	148	14	39
500	Ancherien + Trevor DU PLESSIS + TE	Female	Tandem	E	90	02:59:13.00	30.13	149	26	2
624	Xylon VAN EYCK	Male	Open/Seeded	F	90	02:59:29.03	30.09	150	15	40
641	Shan KEMP	Male	Open/Seeded	F	90	02:59:45.00	30.04	151	16	41
23	Anele MTALANE	Male	Licensed Men (U23)	A	90	02:59:48.06	30.03	152	58	11
54	Vaughan GOWAR	Male	Licensed Men (30+)	A	90	03:00:10.00	29.97	153	59	21
349	Graham MOOLMAN	Male	Licensed Men (50+)	C	90	03:00:28.00	29.92	154	49	21
660	Gustin ESAU	Male	Open/Seeded	F	90	03:01:16.00	29.79	155	17	42
583	Nicky BOTHA	Female	Open/Seeded	E	90	03:02:20.09	29.62	156	27	43
586	Theunis BOTHA	Male	Open/Seeded	E	90	03:02:21.00	29.61	157	28	44
592	Ashraf ACKERDIEN	Male	Open/Seeded	E	90	03:02:30.00	29.59	158	29	45
387	Ashton FERREIRA	Male	Licensed Men (40+)	C	90	03:02:46.03	29.55	159	50	24
372	Wally BRADFORD	Male	Licensed Men (70+)	C	90	03:02:46.06	29.55	160	51	1
337	Leon CLAASEN	Male	Licensed Men (50+)	C	90	03:02:46.09	29.55	161	52	22
389	Gavin MEW	Male	Open/Seeded	C	90	03:02:46.15	29.55	162	53	46
334	Robert BONNETTE	Male	Licensed Men (50+)	C	90	03:02:46.18	29.55	163	54	23
553	Paul LOUW	Male	Open/Seeded	E	90	03:03:15.03	29.47	164	30	47
325	Jeremy SCOTT	Male	Licensed Men (40+)	C	90	03:03:20.00	29.45	165	55	25
566	Dandre NEL	Male	Open/Seeded	E	90	03:03:26.00	29.44	166	31	48
634	Elaine WELSH	Female	Open/Seeded	F	90	03:03:30.00	29.43	167	18	49
209	Steven SNYMAN	Male	Boys U16	B	90	03:04:10.00	29.32	168	5	5
599	Christe BOTHA	Male	Open/Seeded	E	90	03:04:29.06	29.27	169	32	50
577	Wonga MFULA	Male	Open/Seeded	E	90	03:04:35.03	29.25	170	33	51
61	Izak VAN HEERDEN	Male	Licensed Men (30+)	A	90	03:05:01.00	29.19	171	60	22
317	Kalp MOSTERT	Male	Licensed Men (40+)	C	90	03:05:24.00	29.13	172	56	26
46	Steven COLDITZ	Male	Licensed Men (30+)	A	90	03:06:03.00	29.02	173	61	23
29	Khayelihle JOBELA	Male	Junior Men	A	90	03:06:33.00	28.95	174	62	10
615	Candice STEYN	Female	Open/Seeded	F	90	03:06:48.09	28.91	175	19	52
73	Amanda SHAW	Female	Licensed Ladies (50+)	A	90	03:08:04.00	28.71	176	63	1
49	Brendon DU PLESSIS	Male	Licensed Men (30+)	A	90	03:08:42.00	28.62	177	64	24
556	Dave MASON	Male	Open/Seeded	E	90	03:08:51.00	28.59	178	34	53
341	Michael FLYNN	Male	Licensed Men (50+)	C	90	03:09:29.09	28.50	179	57	24
575	Philip BROMLEY GANS	Male	Open/Seeded	E	90	03:09:35.00	28.48	180	35	54
391	Mel DUBE	Male	Licensed Men (40+)	C	90	03:09:35.06	28.48	181	58	27
645	Grant SCHMIDT	Male	Open/Seeded	F	90	03:10:07.00	28.40	182	20	55
625	Anges VAN IDDEKINGE	Male	Open/Seeded	F	90	03:10:31.00	28.34	183	21	56
41	Siska VAN DER BIJL	Female	Licensed Ladies (30+)	A	90	03:10:49.00	28.30	184	65	3
37	Anthoette MILLER	Female	Licensed Ladies (30+)	A	90	03:10:49.03	28.30	185	66	4
658	Patrick MC GAHEY	Male	Open/Seeded	F	90	03:10:58.00	28.28	186	22	57
62	Duane VAN ZYL	Male	Licensed Men (30+)	A	90	03:11:00.00	28.27	187	67	25
523	Mervin DE LANGE	Male	Open/Seeded	E	90	03:11:11.00	28.25	188	36	58
381	Thomas BEZUIDENHOUT	Male	Open/Seeded	C	90	03:11:32.00	28.19	189	59	59
528	Gerrit JONKER	Male	Open/Seeded	E	90	03:11:40.00	28.17	190	37	60
546	Laurika KILIAN	Female	Open/Seeded	E	90	03:11:48.03	28.15	191	38	61
519	Bryce CONLON	Male	Open/Seeded	E	90	03:11:48.06	28.15	192	39	62
662	Miles Reece MOLLINS	Male	Open/Seeded	F	90	03:12:17.00	28.08	193	23	63
205	Luthando MENTJIES	Male	Boys U16	B	90	03:12:41.06	28.03	194	6	6
75	Shannon BRADFORD	Female	Junior Ladies	A	90	03:12:46.12	28.01	195	68	2
202	Kobus DE KOCK	Male	Boys U16	B	90	03:12:58.03	27.98	196	7	7
366	Calvon GENDALL	Male	Licensed Men (60+)	C	90	03:13:26.00	27.92	197	60	5
600	Michael REICHELT	Male	Open/Seeded	F	90	03:13:27.00	27.91	198	24	64
501	Faseeg ABARAHAMS	Male	Open/Seeded	E	90	03:13:45.03	27.87	199	40	65
534	Gilbert GOUWS	Male	Open/Seeded	E	90	03:13:45.06	27.87	200	41	66
611	Anton SMIT	Male	Open/Seeded	F	90	03:13:51.00	27.86	201	25	67
504	Belinda BAARD	Female	Open/Seeded	E	90	03:13:54.00	27.85	202	42	68
639	Simon YOUNG	Male	Open/Seeded	F	90	03:13:58.00	27.84	203	26	69
59	Renier POTTS	Male	Licensed Men (30+)	A	90	03:14:16.00	27.80	204	69	26
531	Vinesh FRANCIS	Male	Open/Seeded	E	90	03:14:20.03	27.79	205	43	70
541	Ridah JAPPIE	Male	Open/Seeded	E	90	03:14:20.06	27.79	206	44	71
627	Jacques VAN ROOYEN	Male	Open/Seeded	F	90	03:14:27.00	27.77	207	27	72
522	Charl DE LANG	Male	Open/Seeded	E	90	03:15:13.00	27.66	208	45	73
628	Adriaan VENTER	Male	Open/Seeded	F	90	03:15:18.00	27.65	209	28	74
8	Jared CHARLTON	Male	Licensed Men (Elite)	A	90	03:15:21.00	27.64	210	70	12
510	Linda BASSON	Female	Open/Seeded	E	90	03:15:28.00	27.63	211	46	75
526	Ferdi FERREIRA	Male	Open/Seeded	E	90	03:15:53.00	27.57	212	47	76
663	Anton BOUWER	Male	Open/Seeded	F	90	03:16:01.00	27.55	213	29	77
68	Katrin MIDDLETON	Female	Licensed Ladies (40+)	A	90	03:16:31.00	27.48	214	71	3
359	Okkie STEYN	Male	Licensed Men (50+)	C	90	03:16:48.12	27.44	215	61	25
36	Chantel KAPP	Female	Licensed Ladies (30+)	A	90	03:17:55.00	27.28	216	72	5
4	Diane VAN EYK	Female	Licensed Ladies (Elite)	A	90	03:18:01.00	27.27	217	73	3
70	Pauline TUNSTEAD	Female	Licensed Ladies (40+)	A	90	03:18:11.00	27.25	218	74	4
38	Michelle MORTIMER	Female	Licensed Ladies (30+)	A	90	03:18:15.06	27.24	219	75	6
572	Theodorus RAUTENBACH	Male	Open/Seeded	E	90	03:19:02.00	27.13	220	48	78

No	Full Name	Gender	Age Cat	Group	Distance	Actual Time	Ave. Speed	Position	Grp Pos	Age Pos
626	Paul VAN JAARVELD	Male	Open/Seeded	F	90	03:19:12.00	27.11	221	30	79
545	Leon KAPP	Male	Open/Seeded	E	90	03:19:19.03	27.09	222	49	80
512	Morne BEKKER	Male	Open/Seeded	E	90	03:19:32.00	27.06	223	50	81
613	Anthony SOUTHERN	Male	Open/Seeded	F	90	03:19:35.00	27.06	224	31	82
530	Justin FRAENKEL	Male	Open/Seeded	E	90	03:21:06.00	26.85	225	51	83
347	Mike MCCALLPEAT	Male	Licensed Men (50+)	C	90	03:21:31.00	26.80	226	62	26
638	Marguerite YOUNG	Female	Open/Seeded	F	90	03:21:54.00	26.75	227	32	84
585	Shawn UYS	Male	Open/Seeded	E	90	03:22:21.00	26.69	228	52	85
605	Antonio SCOCCIA	Male	Open/Seeded	F	90	03:22:46.03	26.63	229	33	86
47	Pieter DE VOS	Male	Licensed Men (30+)	C	90	03:22:53.00	26.62	230	63	27
345	Jean HUGO	Male	Licensed Men (50+)	C	90	03:22:53.06	26.62	231	64	27
388	Ian LANGLANDS	Male	Open/Seeded	C	90	03:23:00.00	26.60	232	65	87
313	Morne KAPP	Male	Licensed Men (40+)	C	90	03:24:19.06	26.43	233	66	28
602	Dougald ROSS	Male	Open/Seeded	F	90	03:24:46.00	26.37	234	34	88
642	Nadeem ABRAHAMS	Male	Open/Seeded	F	90	03:24:46.03	26.37	235	35	89
378	Jacobus SWIFT	Male	Licensed Men (40+)	C	90	03:25:06.00	26.33	236	67	29
304	Andre COETZER	Male	Licensed Men (40+)	C	90	03:25:35.00	26.27	237	68	30
2	Candiacie BEZUIDENHOUT	Female	Licensed Ladies (Elite)	A	90	03:25:40.00	26.26	238	76	4
560	Matthew MCCALLPEAT	Male	Open/Seeded	E	90	03:25:53.03	26.23	239	53	90
517	Deidre BURGER	Female	Open/Seeded	E	90	03:25:53.09	26.23	240	54	91
357	Ron SCHERER	Male	Open/Seeded	C	90	03:26:59.00	26.09	241	69	92
326	Carel Andries SMIT	Male	Licensed Men (40+)	C	90	03:26:59.03	26.09	242	70	31
612	Juan SMIT	Male	Open/Seeded	C	90	03:26:59.06	26.09	243	71	93
540	Adrian JANSEN VAN VUUREN	Male	Open/Seeded	E	90	03:27:46.09	25.99	244	55	94
563	Nicholas Soloman MULLER	Male	Open/Seeded	E	90	03:28:26.00	25.91	245	56	95
653	Jody Ayden SMITH	Male	Open/Seeded	F	90	03:29:20.00	25.80	246	36	96
520	Michiel CRUYWAGEN	Male	Open/Seeded	E	90	03:29:55.06	25.72	247	57	97
208	Shaun PALMER	Male	Boys U16	B	90	03:29:59.00	25.72	248	8	8
300	Andre BEYL	Male	Licensed Men (40+)	C	90	03:30:19.00	25.68	249	72	32
647	Deidre RENISON	Female	Open/Seeded	F	90	03:31:12.00	25.57	250	37	98
614	Colleen STEVENS	Female	Open/Seeded	F	90	03:31:31.00	25.53	251	38	99
362	Karl VAN DER MERWE	Male	Licensed Men (50+)	C	90	03:32:24.03	25.42	252	73	28
363	Wikus VAN ZYL	Male	Licensed Men (50+)	C	90	03:32:46.00	25.38	253	74	29
661	Riaan NEL	Male	Open/Seeded	F	90	03:32:57.00	25.36	254	39	100
509	Michelle BARNETT	Female	Open/Seeded	E	90	03:33:39.00	25.27	255	58	101
340	Shaun FLANAGAN	Male	Licensed Men (50+)	C	90	03:33:43.00	25.27	256	75	30
71	Jenne WILLIAMS	Female	Licensed Ladies (40+)	A	90	03:34:16.00	25.20	257	77	5
549	Yolandi KLINKENBURG	Female	Open/Seeded	E	90	03:34:20.03	25.19	258	59	102
636	Elwin WOODS	Male	Open/Seeded	F	90	03:34:52.00	25.13	259	40	103
15	Wynand MINNIE	Male	Licensed Men (Elite)	A	90	03:36:01.03	25.00	260	78	13
652	Helder DE AHYEIDA SILNA	Male	Open/Seeded	F	90	03:36:39.00	24.92	261	41	104
371	Pamela COETZEE	Female	Licensed Ladies (60+)	C	90	03:39:20.06	24.62	262	76	1
365	Koos OETZEE	Male	Licensed Men (60+)	C	90	03:39:20.09	24.62	263	77	6
331	Dale WHITLOCK	Male	Licensed Men (40+)	C	90	03:40:20.00	24.51	264	78	33
211	Riaan FORTUIN	Male	Boys U16	B	90	03:42:32.00	24.27	265	9	9
35	Kirsty BOSHOFF	Female	Licensed Ladies (30+)	A	90	03:42:46.06	24.24	266	79	7
42	Judy VENTER	Female	Licensed Ladies (30+)	A	90	03:43:24.00	24.17	267	80	8
87	Tammy Kim SOUTHBY	Female	Licensed Ladies (40+)	A	90	03:44:55.00	24.01	268	81	6
69	Heleen SCHUTTE	Female	Licensed Ladies (40+)	A	90	03:44:55.03	24.01	269	82	7
654	No DETAILS	X	Open/Seeded	F	90	03:46:50.03	23.81	270	42	105
55	Carel JACOBS	Male	Licensed Men (30+)	A	90	03:47:35.00	23.73	271	83	28
533	Craig GLEAVES	Male	Open/Seeded	E	90	03:47:42.00	23.72	272	60	106
535	Ruan Stanley HORN	Male	Open/Seeded	E	90	03:48:07.00	23.67	273	61	107
536	Ashwell ISAACS	Male	Open/Seeded	E	90	03:48:57.00	23.59	274	62	108
666	Conrad KILIAN	Male	Open/Seeded	F	90	03:49:38.00	23.52	275	43	109
332	Michael WILSON	Male	Licensed Men (40+)	C	90	03:51:46.00	23.30	276	79	34
527	Barbana Louise FISHER- HILL	Female	Open/Seeded	E	90	03:51:50.00	23.29	277	63	110
514	Lindy BLOM	Female	Open/Seeded	E	90	03:51:50.06	23.29	278	64	111
574	Colleen REES	Female	Open/Seeded	E	90	03:51:50.09	23.29	279	65	112
569	Amanda PIETERSE	Female	Open/Seeded	E	90	03:51:50.12	23.29	280	66	113
554	Nandipa MAFONGOSI	Female	Open/Seeded	E	90	03:53:10.00	23.16	281	67	114
598	Charles BUTLER	Male	Open/Seeded	E	90	03:53:35.00	23.12	282	68	115
207	Athenkosi NGQUPHE	Male	Boys U16	B	90	03:54:52.03	22.99	283	10	10
562	Briggetta MEY	Female	Open/Seeded	E	90	03:56:09.00	22.87	284	69	116
370	Ganief SOLOMON	Male	Licensed Men (60+)	C	90	03:58:01.00	22.69	285	80	7
664	Tony JACOBS	Male	Open/Seeded	F	90	03:58:09.00	22.67	286	44	117
565	Lenae NAIDOO	Female	Open/Seeded	E	90	03:58:23.00	22.65	287	70	118
592	Ashraf ACKERDIEN	Male	Open/Seeded	E	90	03:58:23.03	22.65	288	71	119
655	Shameema SOLOMANS	Female	Open/Seeded	F	90	03:59:02.00	22.59	289	45	120
29	Khayelihle JOBELA	Male	Junior Men	A	90	03:59:56.00	22.51	290	84	11
550	Jannie KLUE	Male	Open/Seeded	E	90	04:02:15.00	22.29	291	72	121
524	William DUCKITT	Male	Open/Seeded	E	90	04:02:33.00	22.26	292	73	122
596	Marian MAC DONALD	Female	Open/Seeded	E	90	04:03:05.00	22.21	293	74	123
511	Romano BECK	Male	Open/Seeded	E	90	04:04:27.00	22.09	294	75	124
644	No DETAILS	X	No Number	F	90	04:11:59.00	21.43	295	46	

No	Full Name	Gender	Age Cat	Group	Distance	Actual Time	Ave. Speed	Position	Grp Pos	Age Pos
101	Venessa STANDER	Female	Licensed Ladies (50+)	C	90	04:14:49.00	21.19	296	81	2
355	David SAKER	Male	Licensed Men (50+)	C	90	04:15:55.00	21.10	297	82	31
558	Sikhumbuzo Goodman MAYABA	Male	Open/Seeded	E	90	04:16:58.00	21.01	298	76	125
33	Sabelo SENTILE	Male	Junior Men	A	90	04:18:06.00	20.92	299	85	12
506	Lynette BADENHORST	Female	Open/Seeded	E	90	04:18:52.00	20.86	300	77	126
505	Anton BADENHORST	Male	Open/Seeded	E	90	04:18:54.00	20.86	301	78	127
210	Unathi TSHATSHA	Male	Boys U16	B	90	04:19:01.00	20.85	302	11	11
351	Charles NELSON	Male	Licensed Men (50+)	C	90	04:21:54.00	20.62	303	83	32
573	Mogamat Shnkree RECIET	Male	Open/Seeded	E	90	04:22:55.00	20.54	304	79	128
601	Anne ROBERTS	Female	Open/Seeded	F	90	04:22:57.00	20.54	305	47	129
621	Alida VAN ANTWERP	Female	Open/Seeded	F	90	04:23:00.00	20.53	306	48	130
303	Dawie CLOETE	Male	Licensed Men (40+)	C	90	04:23:57.00	20.46	307	84	35
591	Kurt PRINSLOO	Male	Open/Seeded	E	90	04:28:01.00	20.15	308	80	131
542	Jameel JONAS	Male	Open/Seeded	E	90	04:30:10.00	19.99	309	81	132
537	Razeen ISMAIL	Male	Open/Seeded	E	90	04:30:19.00	19.98	310	82	133
649	Rosa BESTER	Female	Open/Seeded	F	90	04:35:42.00	19.59	311	49	134
368	Lance ROBINSON	Male	Licensed Men (60+)	C	90	04:43:44.00	19.03	312	85	8
643	Mbulelo MENGU	Male	Open/Seeded	F	90	04:47:42.00	18.77	313	50	135
656	Juane CANNON	Male	Open/Seeded	F	90	04:49:08.00	18.68	314	51	136
606	William SEEKAEI	Male	Open/Seeded	F	90	04:50:07.00	18.61	315	52	137
623	Abduragiem VAN DER SCHAFF	Male	Open/Seeded	F	90	04:50:15.00	18.60	316	53	138
72	Llyris BERRY	Female	Licensed Ladies (50+)	A	90	04:53:48.00	18.38	317	86	3
597	Owen Elton MAC DONALD	Male	Open/Seeded	E	90	04:53:52.00	18.38	318	83	139
206	Siphosethu NCIZA	Male	Boys U16	B	90	04:55:48.00	18.26	319	12	12
518	Rikus CARSTENS	Male	Open/Seeded	E	90	DSQ		Started wrong group Non licensed in Licensed group		